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## FAX TRANSMISSION COVER SHEET

**Date:** April 20, 2009  
**To:** Examiner Glenn Richman  
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**Re:** U.S. Patent Application No. 10/729,356  
**Sender:** Dustin Howell

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### Comments:

Enclosed are the proposed amendments to claims 10-14 in U.S. Patent Application No.  
10/729,356.

Kindest regards,

Dustin Howell

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VIA EFS-WEB

PATENT APPLICATION  
Docket No. 13915.74.1.3

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

**In re application of:**

**Paul L. Hickman**

Serial No.: 10/729,356

Filed: December 5, 2003

Conf. No.: 8257

For: METHOD AND APPARATUS FOR REMOTE  
INTERACTIVE EXERCISE AND HEALTH  
EQUIPMENT

Examiner: Glenn E. Richman

Customer No.: 022913

) Art Unit  
3764

## AMENDMENT "G" UNDER 37 CFR 1.312

Commissioner for Patents  
P.O. Box 1450  
Alexandria, VA 22313-1450

Dear Sirs

In response to the Notice of Allowance mailed March 19, 2009 and before payment of the issue fee in the above referenced application, Applicant respectfully requests entry of the following amendments:

**Amendments to the Claims** are reflected in the listing of claims which begins on page 2 of this paper.

**Remarks/Arguments begin on page 6 of this paper.**

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### AMENDMENTS TO THE CLAIMS

The listing of claims will replace all prior versions, and listings, of claims in the application:

#### Listing of Claims:

1. **(Previously Presented)** An exercise system comprising:  
a local system including an exercise apparatus having an actuator and an associated local computer, said local computer being able to sense a performance of a user of said exercise apparatus and control said actuator to adjust at least one operating parameter of said exercise device based on said sensed performance and a modifiable script stored on said local computer;  
a remote system including at least one remote computer, and  
an Internet connection that at least part-time couples said local system to said remote system for data communication between said local system and said remote system, such that said local computer is interposed between said remote computer and said actuator, whereby said remote system cannot directly control said actuator to adjust said at least one operating parameter of said exercise apparatus.
2. **(Original)** The exercise system as recited in claim 1 wherein said local system is one of a plurality of local systems, each of which is in at least part-time communication with said remote computer.
3. **(Previously Presented)** An exercise system as recited in claim 1 further comprising a server system including at least one server computer in at least part-time communication with said remote computer.
4. **(Original)** An exercise system as recited in claim 3 wherein said remote system is one of a plurality of remote systems, and each of which is in at least part-time communication with said server system.

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5. **(Previously Presented)** An exercise system as recited in claim 1, wherein said exercise apparatus further has a sensor, said local computer being able to receive signals from said sensor, such that said local system is interposed between said remote computer and said sensor, whereby said remote system cannot directly receive signals from said sensor.

6. **(Previously Presented)** A local system as recited in claim 1 wherein said local computer is located internally to said exercise apparatus.

7. **(Previously Presented)** A local system as recited in claim 1 wherein said local computer may include at least a portion of a modified script received from said remote system.

8. **(Original)** A local system as recited in claim 1 wherein said exercise apparatus includes at least one of a bicycle, a rowing machine, a step machine, and a resistance trainer.

9. **(Previously Presented)** A local system as recited in claim 1 wherein said control may include a resistance setting for said exercise apparatus.

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10. **(Currently Amended)** An exercise local-system comprising:

a plurality of exercise apparatuses each having a moveable element for performing an exercise, wherein said plurality of exercise apparatuses comprises distinct types of exercise apparatuses; and

a local computer associated with one of said plurality of exercise apparatuses, said local computer being adapted to engage in bi-directional communication with other exercise apparatuses of said plurality of exercise apparatuses for controlling an operation of at least two of said plurality of exercise apparatuses based upon a modifiable script provided by said local computer,

a remote system including at least one remote computer; and

an Internet connection that at least part-time couples said local system computer to said remote system for data communication between said local system computer and said remote system, such that said local computer is interposed between said remote computer and said actuator one of said plurality of exercise apparatuses, whereby said remote system cannot directly control said actuator plurality of exercise apparatuses to adjust said at least one operating parameters of said plurality of exercise apparatuses.

11. **(Currently Amended)** An exercise local-system as recited in claim 10 wherein said local computer is located internally to one of said plurality of exercise apparatuses, and wherein said script is modifiable externally to said one of said plurality of exercise apparatuses.

12. **(Currently Amended)** An exercise local-system as recited in claim 11 wherein said local computer can communicate with a said remote system to provide said remote system with local system data concerning said use of at least one of said plurality of exercise apparatuses, and to receive remote system data including at least a portion of a modified script to be stored in a read/write memory.

13. **(Currently Amended)** An exercise local-system as recited in claim 11 wherein said one of said plurality of exercise apparatuses includes at least one of a bicycle, a rowing machine, a step machine, and a resistance trainer.

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14. **(Currently Amended)** An exercise ~~local~~-system as recited in claim 12 wherein said script includes a resistance setting for at least one of said plurality of exercise apparatuses.

15-23. **(Canceled)**

DRAFT